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KEY=COME - CINDY FAULKNER

Ti illustriamo come è facile smettere di fumare se sai come farlo. Breve guida di un fumatore per smettere di fumare con facilità È facile smettere di fumare se sai come farlo [EWI Editrice](#) Il metodo "Easyway", ideato nel 1983 da Allen Carr, pare davvero efficace nell'indurre fumatori incalliti a rinunciare al tabacco. Non si basa su tattiche intimidatorie, non fa appello alla forza di volontà né porta ad ingrassare, ma permette ugualmente di liberarsi dalla schiavitù della nicotina. Volare senza paura è facile se sai come farlo È FACILE CONTROLLARE L'ALCOL se sai come farlo V edizione 2020 [Ewi Editrice](#) In questo libro Allen Carr applica il suo metodo al problema riguardante il consumo smodato di alcol, pagina dopo pagina, con incredibile semplicità e chiarezza, tutte le illusioni che lo circondano. Carr, una volta svelata la natura della trappola nella quale si è finiti, mostra come uscirne in modo facile e definitivo, con la certezza di poter vivere felicemente senza più il desiderio o il bisogno di bere. Il libro è essenziale per la comprensione del perché l'alcol stia letteralmente "dilagando" nella nostra società, ma soprattutto offre una soluzione semplice e immediata a chiunque voglia voltare le spalle ad un problema che lacera famiglie, favorisce il crimine, costa milioni di euro, mina la salute e distrugge la vita. Con l'acquisto di questo ebook puoi ricevere in omaggio "Fumo: 3 storie e 10 consigli" che ti aiuterà nella comprensione delle dinamiche legate alla dipendenza da sigaretta; ricevilo subito inviando una email a: ewieditrice@gmail.com No More Worrying The revolutionary Allen Carr's Easy Way method in pocket form [Arcturus Publishing](#) This little gem of a book reveals all the mental strategies you need for taking control, achieving inner peace and turning even the worst-case scenarios into win-win situations. Based on the most successful stop smoking method of all time, Easyway, 'No More Worrying' offers a step-by-step summary that is perfect for use on its own or as a com... Allen Carr's Easyweigh to Lose Weight [Penguin UK](#) Allen Carr, international bestselling author of The Easy Way to Stop Smoking, helps you to take off the pounds in Allen Carr's EasyWeigh to Lose Weight. Lose weight without dieting, calorie-counting or using will-power Allen Carr's revolutionary eating plan allows you to enjoy food, savour flavours all while you're losing weight. You can: • Eat your favourite foods • Follow your natural instincts • Avoid guilt, remorse and other bad feelings • Avoid worrying about digestive ailments or feeling faint • Learn to re-educate your taste • Let your appetite guide your diet Allen Carr, author of the world's bestselling guide to giving up smoking, uses his unique approach to help you lose weight simply and easily in no time at all - in Easyweigh to Lose Weight. A happy reader says: 'I've found the answer I've been looking for for 20 years! I've done every diet you can think of. My sister urged me to buy the book - and I'm so glad I did! It isn't someone telling you what to do, it isn't a weird eating plan, IT ISN'T A DIET! There's no guilt... There's no stuggle... There's no restrictions... You just know what to do and you know you want to do it and why!' Allen Carr was an accountant who smoked 100 cigarettes a day until he discovered EASYWAY. Having cured his own addiction he went on to write a series of bestselling books, most famously The Easy Way to Stop Smoking. His books have sold more than 13 million copies worldwide. Allen's lasting legacy is a dynamic, ongoing, global publishing programme and an ever-expanding worldwide network of clinics which help treat a range of issues including smoking, weight, alcohol and "other" drug addiction. The Easy Way to Stop Smoking [Barnes & Noble Publishing](#) Presents the Easyway method for quitting smoking, based on a factual understanding of the harm of cigarette addiction and practical advice on how to successfully break the habit. Zeno's Conscience [Vintage Long](#) hailed as a seminal work of modernism in the tradition of Joyce and Kafka, and now available in a supple new English translation, Italo Svevo's charming and splendidly idiosyncratic novel conducts readers deep into one hilariously hyperactive and endlessly self-deluding mind. The mind in question belongs to Zeno Cosini, a neurotic Italian businessman who is writing his confessions at the behest of his psychiatrist. Here are Zeno's interminable attempts to quit smoking, his courtship of the beautiful yet unresponsive Ada, his unexpected-and unexpectedly happy-marriage to Ada's homely sister Augusta, and his affair with a shrill-voiced aspiring singer. Relating these misadventures with wry wit and a perspicacity at once unblinking and compassionate, Zeno's Conscience is a miracle of psychological realism. Family Sayings [Arcade Publishing](#) In the Sea There Are Crocodiles [Random House](#) I read somewhere that the decision to emigrate comes from a need to breathe. The hope of a better life is stronger than any other feeling. My mother decided it was better to know I was in danger far from her; but on the way to a different future, than to know I was in danger near her; but stuck in the same old fear. At the age of ten, Enaiatollah Akbari was left alone to fend for himself. This is the heartbreaking, unforgettable story of his journey from Afghanistan to Italy in an attempt to find a safe place to live. If

on a Winter's Night a Traveller [Random House](#) 'Breathtakingly inventive' David Mitchell You go into a bookshop and buy If on a Winter's Night a Traveller by Italo Calvino. You like it. But alas there is a printer's error in your copy. You take it back to the shop and get a replacement. But the replacement seems to be a totally different story. You try to track down the original book you were reading but end up with a different narrative again. This remarkable novel leads you through many different books including a detective adventure, a romance, a satire, an erotic story, a diary and a quest. But the real hero is you, the reader. 'The greatest Italian writer of the twentieth century' Guardian The Curious Incident of the Dog in the Night-time [Random House](#) Winner of the Whitbread Book of the Year 'Outstanding...a stunningly good read' Observer 'Mark Haddon's portrayal of an emotionally dissociated mind is a superb achievement... Wise and bleakly funny' Ian McEwan The Curious Incident of the Dog in the Night-Time is a murder mystery novel like no other. The detective, and narrator, is Christopher Boone. Christopher is fifteen and has Asperger's Syndrome. He knows a very great deal about maths and very little about human beings. He loves lists, patterns and the truth. He hates the colours yellow and brown and being touched. He has never gone further than the end of the road on his own, but when he finds a neighbour's dog murdered he sets out on a terrifying journey which will turn his whole world upside down.

Message in a Bottle [Grand Central Publishing](#) In this New York Times bestseller, a single mother sets out to find the North Carolina man who sent a message meant for someone else . . . and the journey may change her life forever. Divorced and disillusioned about relationships, Theresa Osborne is jogging when she finds a bottle on the beach. Inside is a letter of love and longing to "Catherine," signed simply "Garrett." Challenged by the mystery and pulled by emotions she doesn't fully understand, Theresa begins a search for this man that will change her life. What happens to her is unexpected, perhaps miraculous-an encounter that embraces all our hopes for finding someone special, for having a love that is timeless and everlasting....

Nicholas Sparks exquisitely chronicles the human heart. In his first bestselling novel, The Notebook, he created a testament to romantic love that touched readers around the world. Now in this New York Times bestseller, he renews our faith in destiny, in the ability of lovers to find each other no matter where, no matter when... Science in the Kitchen and the Art of Eating Well [University of Toronto Press](#) First published in 1891, Pellegrino Artusi's La scienza in cucina e l'arte di mangiar bene has come to be recognized as the most significant Italian cookbook of modern times. It was reprinted thirteen times and had sold more than 52,000 copies in the years before Artusi's death in 1910, with the number of recipes growing from 475 to 790. And while this figure has not changed, the book has consistently remained in print. Although Artusi was himself of the upper classes and it was doubtful he had ever touched a kitchen utensil or lit a fire under a pot, he wrote the book not for professional chefs, as was the nineteenth-century custom, but for middle-class family cooks: housewives and their domestic helpers. His tone is that of a friendly advisor - humorous and nonchalant. He indulges in witty anecdotes about many of the recipes, describing his experiences and the historical relevance of particular dishes. Artusi's masterpiece is not merely a popular cookbook; it is a landmark work in Italian culture. This English edition (first published by Marsilio Publishers in 1997) features a delightful introduction by Luigi Ballerini that traces the fascinating history of the book and explains its importance in the context of Italian history and politics. The illustrations are by the noted Italian artist Giuliano Della Casa. After [Simon and Schuster](#) "Book one of the After series--the Internet sensation with millions of readers. Tessa didn't plan on meeting Hardin during her freshman year of college. But now that she has, her life will never be the same"-- The Witches [Penguin UK](#) "One child a week is fifty-two a year. Squish them and squiggle them and make them disappear." This is a story about REAL WITCHES. Real witches dress in ordinary clothes, have ordinary jobs and look very much like ordinary people. But they are far from ORDINARY . . . The Grand High Witch, leader of all the witches, has a plan to make each and every child disappear. That is, unless one boy and his grandmother can stop her . . .

Ocean Sea [Canongate Books](#) A handful of disparate lives converge at a remote seaside inn: a lovelorn professor, a renowned painter, an inscrutable seductress - and a beautiful young girl, fatally ill, brought to the sea by a desperate father's last hope. An intricate web of destinies and associations begins to reveal itself, but it is not until the arrival of a mysterious sailor called Adams that the truth in all its dreamlike beauty and cruelty becomes clear. Adams may furnish the key to the girl's salvation, but only the fulfilment of his obsessive secret purpose - to answer murder with murder - can conclude the journey that has brought him from the ends of the earth. Alternately playful and profoundly serious, Baricco's novel surges with the hypnotic power of the ocean sea. Capitalist Realism Is there no alternative? [John Hunt Publishing](#) After 1989, capitalism has successfully presented itself as the only realistic political-economic system - a situation that the bank crisis of 2008, far from ending, actually compounded. The book analyses the development and principal features of this capitalist realism as a lived ideological framework. Using examples from politics, films, fiction, work and education, it argues that capitalist realism colours all areas of contemporary experience. But it will also show that, because of a number of inconsistencies and glitches internal to the capitalist reality program capitalism in fact is anything but realistic.

Reunion [Random House](#) FROM THE PUBLISHERS OF STONER AND REVOLUTIONARY ROAD COMES REUNION Reunion is a little-known novel. But it is also a universal story of friendship. It is a book of great power, waiting to be discovered. On a grey afternoon in 1932, a Stuttgart classroom is stirred by the arrival of a newcomer. Middle-class Hans is intrigued by the aristocratic new boy, Konradin, and before long they become best friends. It s a friendship of the greatest kind, of shared interests and long conversations, of hikes in the German hills and growing up together. But the boys live in a changing Germany. Powerful, delicate and daring, Reunion is a story of the fragility, and strength, of the bonds between friends. 'Exquisite' Guardian 'I loved Reunion and found it very moving' John Boyne WITH AN AFTERWORD BY RACHEL SEIFFERT " Murder On The Orient Express [Lulu.com](#) Shut Up, Stop Whining, and Get a Life A Kick-Butt Approach to a Better Life [John Wiley & Sons](#) Shut Up, Stop Whining, and Get a Life was immediately hailed as "not your average self-help book" and demanded attention and praise right out of the gate. It is now considered one of the icons of the personal development movement. Now, Larry Winget is back with his signature caustic, no-nonsense, hilarious style, which earned him the titles "Pitbull of Personal Development®" and "World's Only Irritational Speaker®." Winget's "get off your butt and go to work" approach to self-

improvement boils success down to a simple formula: Everything in your life gets better when you get better. Get tangible advice from one of the world's most successful speakers and the author of five bestselling books and television personality. Learn the keys to turning your life, money and business around. Stop making excuses, stop blaming others and take responsibility for your life and your results The brutal advice he offers has changed the lives of millions of people and increased sales for countless businesses. In this Second Edition of *Shut Up, Stop Whining, and Get a Life*, Winget takes the same principles and expands the lessons with brand new examples, stories, and added wisdom. It may sound ruthless, but your life is your own fault and if you shut up, stop whining, and take action you can create a better life.

The Strange Case of Dr. Jekyll and Mr. Hyde [BookRix](#) *The Strange Case of Dr. Jekyll and Mr. Hyde* is about a London lawyer named Gabriel John Utterson who investigates strange occurrences between his old friend, Dr. Henry Jekyll, and the evil Edward Hyde. There are two personalities within Dr. Jekyll, one apparently good and the other evil; completely opposite levels of morality. The novel's impact is such that it has become a part of the language, with the very phrase "Jekyll and Hyde" coming to mean a person who is vastly different in moral character from one situation to the next. 'The Strange Case of Dr. Jekyll and Mr. Hyde' is a thrilling Gothic horror novel. John Utterson, a prosecutor, is on his weekly walk with his relative, who proceeds to tell him of an encounter with a man he had seen some months ago while coming home late at night from Cavendish Place. The tale describes a sinister figure named Edward Hyde who tramples a young girl, disappears into a door on the street, and re-emerges to pay off her relatives with 10 pounds in gold and a cheque signed by respectable gentleman Dr. Henry Jekyll (a client and friend of Utterson's) for 90 pounds. Jekyll had recently and suddenly changed his will to make Hyde the sole beneficiary. This development concerns and disturbs Utterson, who makes an effort to seek out Hyde. Utterson fears that Hyde is blackmailing Jekyll for his money. Upon finally managing to encounter Hyde, Hyde's ugliness, as if deformed, amazes Utterson. Although Utterson cannot say exactly how or why, Hyde provokes an instinctive feeling of revulsion in him. Much to Utterson's surprise, Hyde willingly offers Utterson his address. After one of Jekyll's dinner parties, Utterson stays behind to discuss the matter of Hyde with Jekyll. Utterson notices Jekyll turning pale, yet he assures Utterson that everything involving Hyde is in order and that he is to be left alone.

Survival In Auschwitz [Simon and Schuster](#) The author describes his twenty month ordeal in the Nazi death camp.

Split Intransitivity in Italian [Walter de Gruyter](#) *Split intransitivity* has received a great deal of attention in theoretical linguistics since the formulation of the **Unaccusative Hypothesis** by David Perlmutter (1978). This book provides an in-depth investigation of split intransitivity as it occurs in Italian. The principal proposal is that the manifestations of split intransitivity in Italian, whilst being variously constrained by well-formedness conditions on the encoding of information structure, primarily derive from the tension between accusative (syntactic) and active (semantic) alignment. In contrast to approaches which consider the selection of the perfective operator to be the primary diagnostic of unaccusative or unergative syntax, this study identifies two morphosemantic domains in intransitive constructions on the basis of the analysis of a cluster of related phenomena (including agreement, argument suppression, ne-cliticization, past-participle behaviour, the morphosyntax of experiencer predicates and word order, as well as the selection of the perfective operator). Analysing the degree to which semantic, syntactic and discourse factors interact in determining each manifestation of split intransitivity, this work captures successfully the mismatches in the scope of the various diagnostics. Drawing upon insights provided by Role and Reference Grammar, and relying on corpus-based evidence and crossdialectal comparison, this study makes new empirical and theoretical contributions to the debate on split intransitivity. The book is accessible to linguists of all theoretical persuasions and will make stimulating reading for researchers and scholars in Italian and Romance linguistics, typology and theoretical linguistics.

Basic Italian A Grammar and Workbook [Taylor & Francis](#) 'Basic Italian' provides readers with the basic tools to express themselves in a wide variety of situations. The book contains 23 individual grammar points in lively and realistic contexts.

Unlimited Power, 1998 [Scribner](#) For all people in search of the knowledge and courage to remake their lives and achieve their dreams, this inspirational calendar presents 365 daily reminders and suggestions.

White as Silence, Red as Song A Novel [Thomas Nelson](#) Hailed as Italy's *The Fault in Our Stars*, this Italian bestseller is now available for the first time in English. "I was born on the first day of school, and I grew up and old in just two hundred days . . ." Sixteen-year-old Leo has a way with words, but he doesn't know it yet. He spends his time texting, polishing soccer maneuvers, and killing time with Niko and Silvia. Until a new teacher arrives and challenges him to give voice to his dreams. And so Leo is inspired to win over the red-haired beauty Beatrice. She doesn't know Leo exists, but he's convinced that his dream will come true. When Leo lands in the hospital and learns that Beatrice has been admitted too, his mission to be there for her will send him on a thrilling but heartbreaking journey. He wants to help her but doesn't know how—and his dream of love will force him to grow up fast. Having already sold over a million copies, Alessandro D'Avenia's debut novel is considered Italy's *The Fault in Our Stars*. Now available in English for the first time, this rich, funny, and heartwarming coming-of-age tale asks us to explore the meaning—and the cost—of friendship, and shows us what happens when suffering bursts into the world of teenagers and renders the world of adults speechless.

Telephone Tales Reminiscent of Scheherazade and One Thousand and One Nights, Gianni Rodari's *Telephone Tales* is many stories within a story. Every night, a traveling father must finish a bedtime story in the time that a single coin will buy. One night, it's a carousel that adults cannot comprehend, but whose operator must be some sort of magician, the next, it's a land filled with butter men who melt in the sunshine Awarded the Hans Christian Anderson Award in 1970, Gianni Rodari is widely considered to be Italy's most important children's author of the 20th century. Newly re-illustrated by Italian artist Valerio Vidali (*The Forest*), *Telephone Tales* entertains, while questioning and imagining other worlds.

Addiction Medicine [Oxford University Press](#) Substance use and related addictive disorders rate amongst the top four risk factors contributing to the global burden of disease and form an increasingly important part of medical and healthcare practice. Substance use disorders can cause, mimic, underlie or complicate a large number of common medical and psychiatric disorders. Making a correct diagnosis of the substance use disorder can facilitate clinical diagnosis, avoid

unnecessary tests, shorten hospital stay and make the clinician and patient's life easier and safer. Part of the successful Oxford Specialist Handbooks series, the second edition of Addiction Medicine is a concise and practical guide for students, practitioners of medicine and other health professions who come into contact with people with substance use disorders. Providing up-to-date practical assessment, diagnosis, treatment and management options, this edition expands on the first edition through updated content and global coverage of addiction medicine. Edited by a global team of experienced psychiatrists specialized in addictions, *Addiction Medicine, Second edition* contains everything you need to know to assist in the assessment, diagnosis and clinical management of patients with substance use and related addictive disorders. *Once Upon a Time in America* [Bloomsbury Publishing](#) Inspired by the Robert De Niro film, this story spans three generations of a family of Jewish immigrants to the United States. A gang of friends discover - through trust, hard work and brutality - the true meaning of the American Dream. *Infinite Jest* [Hachette UK](#) 'A writer of virtuostic talents who can seemingly do anything' *New York Times* 'Wallace is a superb comedian of culture . . . his exuberance and intellectual impishness are a delight' *James Wood, Guardian* 'He induces the kind of laughter which, when read in bed with a sleeping partner, wakes said sleeping partner up . . . He's damn good' *Nicholas Lezard, Guardian* 'One of the best books about addiction and recovery to appear in recent memory' *Sunday Times* Somewhere in the not-so-distant future the residents of Ennet House, a Boston halfway house for recovering addicts, and students at the nearby Enfield Tennis Academy are ensnared in the search for the master copy of *Infinite Jest*, a movie said to be so dangerously entertaining its viewers become entranced and expire in a state of catatonic bliss . . . *Allen Carr's Easy Way to Quit Smoking Without Willpower - Includes Quit Vaping The Best-selling Quit Smoking Method Updated for the 2020s* [Arcturus Publishing](#) **THE BRAND-NEW UPGRADE OF THE WORLD'S BEST-SELLING STOP SMOKING BOOK OF ALL TIME.** Allen Carr's Easyway method is a global phenomenon - a clinically proven and 100% drug-free treatment for nicotine addiction. This book is the most up-to-date, cutting-edge, best-practice version of this method. It now includes advice on important contemporary issues such as vaping, cannabis, JUUL, the association between smoking and self-harm & anxiety, the dopamine issue, and more advice about habitual triggers. Through following this method, you will not only be set free from your smoking or vaping addiction but you will also find it easy and even enjoyable to quit. • Without using willpower, aids, substitutes, or gimmicks • Without gaining weight • Without suffering anxiety, depression, or unpleasant withdrawal symptoms • Without envying partners, friends or colleagues who smoke/vape This book is designed to help busy people, who appreciate clear no-nonsense guidance. It gives you a structured, easy-to-follow method for getting free from nicotine painlessly and immediately. What people say about Allen Carr's Easyway method: "Allen Carr's international bestseller...has helped countless people quit." *Time Out New York* "If you want to quit ... its called the Easyway ... I'm so glad I quit." *Ellen DeGeneres* "It was such a revelation that instantly I was freed from my addiction." *Sir Anthony Hopkins* "His skill is in removing the psychological dependence." *The Sunday Times* *The Power Is Within You* [Hay House, Inc](#) "Louise Hay writes to your soul—where all healing begins. I love this book... and I love Louise Hay." — *Dr. Wayne W. Dyer* *In The Power Is Within You*, Louise L. Hay expands her philosophies of loving the self through: • learning to listen and trust the inner voice; • loving the child within; • letting our true feelings out; • the responsibility of parenting; • releasing our fears about growing older; • allowing ourselves to receive prosperity; • expressing our creativity; • accepting change as a natural part of life; • creating a world that is ecologically sound; • where it's safe to love each other'; • and much more. She closes the book with a chapter devoted to meditations for personal and planetary healing. *Good Sugar Bad Sugar Eat yourself free from sugar and carb addiction* [Arcturus Publishing](#) **READ GOOD SUGAR BAD SUGAR AND BE THE WEIGHT YOU WANT TO BE FOR THE REST OF YOUR LIFE.** *Good Sugar Bad Sugar* tackles the biggest dietary threat to the modern world: The addiction to refined sugar and processed carbohydrates, which is causing epidemics in obesity and Type 2 diabetes on a global scale. Sugar and carb consumption is an addiction that begins at birth, but once you free yourself with Easyway, you'll enjoy better health, higher levels of energy, dramatically improved body shape, and a happier, healthier lifestyle. Allen Carr has helped millions worldwide and he can do the same for you. His books have sold over 15 million copies worldwide, and read by an estimated 40 million people, while countless more have been helped through his network of clinics. Allen Carr's Easyway has spread all over the world for one reason alone: **BECAUSE IT WORKS.** • A UNIQUE METHOD THAT DOES NOT REQUIRE WILLPOWER • REMOVES ADDICTION TO REFINED SUGAR AND PROCESSED CARBOHYDRATES • STOP EASILY, IMMEDIATELY AND PAINLESSLY • REGAIN CONTROL OF YOUR LIFE What people say about Allen Carr's Easyway method: "The Allen Carr program was nothing short of a miracle." *Anjelica Huston* "It was such a revelation that instantly I was freed from my addiction." *Sir Anthony Hopkins* "His skill is in removing the psychological dependence." *The Sunday Times* *Modern Italian Grammar A Practical Guide* [Psychology Press](#) This new edition of the *Modern Italian Grammar* is an innovative reference guide to Italian, combining traditional and function-based grammar in a single volume. With a strong emphasis on contemporary usage, all grammar points and functions are richly illustrated with examples. Implementing feedback from users of the first edition, this text includes clearer explanations, as well as a greater emphasis on areas of particular difficulty for learners of Italian. Divided into two sections, the book covers: traditional grammatical categories such as word order, nouns, verbs and adjectives language functions and notions such as giving and seeking information, describing processes and results, and expressing likes, dislikes and preferences. This is the ideal reference grammar for learners of Italian at all levels, from beginner to advanced. No prior knowledge of grammatical terminology is needed and a glossary of grammatical terms is provided. This Grammar is complemented by the *Modern Italian Grammar Workbook Second Edition* which features related exercises and activities. *Mes Souvenirs* [Wentworth Press](#) This work has been selected by scholars as being culturally important, and is part of the knowledge base of civilization as we know it. This work was reproduced from the original artifact, and remains as true to the original work as possible. Therefore, you will see the original copyright references, library stamps (as most of these works have been housed in our most important libraries around the world), and other notations in the work. This work is in the public domain in the United States of America, and possibly

other nations. Within the United States, you may freely copy and distribute this work, as no entity (individual or corporate) has a copyright on the body of the work. As a reproduction of a historical artifact, this work may contain missing or blurred pages, poor pictures, errant marks, etc. Scholars believe, and we concur, that this work is important enough to be preserved, reproduced, and made generally available to the public. We appreciate your support of the preservation process, and thank you for being an important part of keeping this knowledge alive and relevant. **Zero Zero Zero** [Penguin UK](#) From the international bestselling author of Gomorrah, this searing exposé of dirty money and the drug trade reveals how they are at the heart of our lives, our economy, and our world. 'The most important book of the year ... Here it is, laid bare: cartel as corporation, corporation as cartel; cocaine as pure capitalism ... Saviano realises the brutal truth: that to understand narco-traffic is to understand the modern world ... it is revolutionary' Ed Vulliamy, Observer 'A dense, dazzling, dizzying narrative about the terrifying violence of the cocaine trade, but also the vast, unassailable reach of it' Rose George, Independent 'A tremendously gripping work of reportage' Ian Thomson, Evening Standard 'Italy's bravest investigative writer ... must-read nonfiction' GQ 'Impassioned, remarkable' Misha Glenny, Financial Times 'After reading Saviano, it becomes impossible to see Italy, and the global market, in the same way again' The New York Times **The Book of Disquiet** [Profile Books](#) Sitting at his desk, Bernardo Soares imagined himself free forever of Rua dos Douradores, of his boss Vasques, of Moreira the book-keeper, of all the other employees, the errand boy, the post boy, even the cat. But if he left them all tomorrow and discarded the suit of clothes he wears, what else would he do? Because he would have to do something. And what suit would he wear? Because he would have to wear another suit. A self-deprecating reflection on the sheer distance between the loftiness of his feelings and the humdrum reality of his life, **The Book of Disquiet** is a classic of existentialist literature. **The Late Mattia Pascal** [New York Review of Books](#) Mattia Pascal endures a life of drudgery in a provincial town. Then, providentially, he discovers that he has been declared dead. Realizing he has a chance to start over, to do it right this time, he moves to a new city, adopts a new name, and a new course of life—only to find that this new existence is as insufferable as the old one. But when he returns to the world he left behind, it's too late: his job is gone, his wife has remarried. Mattia Pascal's fate is to live on as the ghost of the man he was. An explorer of identity and its mysteries, a connoisseur of black humor, Nobel Prize winner Luigi Pirandello is among the most teasing and profound of modern masters. **The Late Mattia Pascal**, here rendered into English by the outstanding translator William Weaver, offers an irresistible introduction to this great writer's work **Journeys Out of the Body** [The Classic Work on Out-of-Body Experience](#) [Harmony](#) The definitive work on the extraordinary phenomenon of out-of-body experiences, by the founder of the internationally known Monroe Institute. Robert Monroe, a Virginia businessman, began to have experiences that drastically altered his life. Unpredictably, and without his willing it, Monroe found himself leaving his physical body to travel via a "second body" to locales far removed from the physical and spiritual realities of his life. He was inhabiting a place unbound by time or death. Praise for **Journeys Out of the Body** "Monroe's account of his travels, **Journeys Out of the Body**, jam-packed with parasitic goblins and dead humans, astral sex, scary trips into mind-boggling other dimensions, and practical tips on how to get out of your body, all told with wry humor, quickly became a cult sensation with its publication in 1971, and has been through many printings. Whatever their 'real' explanation, Monroe's trips made for splendid reading." —Michael Hutchinson, author of *Megabrain* "Robert Monroe's experiences are probably the most intriguing of any person's of our time, with the possible exception of Carlos Castaneda's." —Joseph Chilton Pierce, author of *Magical Child* "This book is by a person who's clearly a sensible man and who's trying to tell it like it is. No ego trips. Just a solid citizen who's been 'out' a thousand times now and wants to pass his experiences to others." —The Last Whole Earth Catalog