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KEY=HYPNOSEX - STOKES ISABEL

Hypnosex

Self-Hypnosis for Greater Sexual Fulfillment

Citadel Press The mind is the most erotic organ of the body, and "Hypnosex" will show readers how to harness its powers. Frank and highly readable, "Hypnosex" explains how self-hypnosis is a safe and effective way to improve one's love life. "Hypnosex" reaches parts of the body other sex manuals fail to reach.

Hypnosex

Pleasure Control - the Amazing New Way to Improve Your Love Life ...

American Book Publishing Record

7 Keys to Lifelong Sexual Vitality

The Hippocrates Institute Guide to Sex, Health, and Happiness

New World Library There's solid evidence that regular sex throughout the human lifespan contributes to health and longevity. The married authors have seen this science born out in their three-decade alternative healing and health maintenance practice at an internationally renowned clinic where 300,000 people from 50 countries have spent time (including celebrities such as Paul Newman and Kenny Loggins). The Clements believe that sexual energy is a universal fuel of life; that it nourishes mind, body, and spirit; and that along with diet and exercise, nothing naturally enhances health more than remaining sexually active. They've written 7 Keys to Lifelong Sexual Vitality to help readers of all ages, gender attraction, ethnic background, and religious affiliation achieve and maintain vibrant sexuality. From recipes rich in sexual nutrients, detoxification, and massage to meditation, guided imagery, and a variety of fear and misinformation busting exercises, this is a practical, pleasurable prescription for life.

Bibliographic Guide to Psychology

Whitaker's Books in Print

Forthcoming Books

Kvindens nydelse 3: Fra sexobjekt til sexsubjekt

Lindhardt og Ringhof I dag er kropsfiksering og fokus på udseende større end nogensinde. Mange kvinder lider af lavt selvværd og ved ikke, hvordan deres egen krop fungerer. Det betyder, at de ikke fuldt ud kan nyde deres sexliv. "Kvindens nydelse" gør op med stereotype kvindebilleder og viser kvinden og manden forskellige veje til et endnu bedre sexliv. Kvindens nydelse 3: Fra sexobjekt til sexsubjekt er den tredje bog i serien. Læs også: Kvindens nydelse 2: Væk kvindens lyst Kvindens nydelse 3: Fra sexobjekt til sexsubjekt Kvindens nydelse 4: Kærlighedens sprog - forskellige former for berøring Kvindens nydelse 5: Kærlighedens sprog - nydelsens rige Kvindens nydelse 6: At være orgastisk - nyd mere Kvindens nydelse 7: Kærlighedens sprog - erotiske kærtegn Kvindens nydelse 8: At orgasmere med en mand Ylva Franzén er magister i filosofi og har tidligere arbejdet som lærer og undervist i svensk, engelsk og parforholdstemaer. Ylva har siden 1995 holdt orgasmekurser for kvinder, kurser for par og kurser for mænd og kvinder. Hun er først og fremmest inspireret af taoistisk og tantrisk kærlighedsfilosofi, og desuden ny amerikansk sexterapi, moderne hjerneforskning samt ernæringslære.

Orgasmera mera

Lindhardt og Ringhof Orgasmera mera visar vägen till den kvinnliga orgasmen genom att avfärda myter och ge både kvinnor och män praktiska tips för att kvinnan ska få ett rikare sexliv. Ylva Franzén täcker in alla områden – från kvinnans anatomi till kärleksdrycker till hormonernas betydelse. Baserad på vetenskapliga undersökningar och författarens mångåriga erfarenheter från att hålla orgasmkurser för kvinnor och par framstår boken som Sveriges mest omfattande bok om kvinnlig njutning. Ylva Franzén är en väletablerad erotikpedagog och folkbildare som i mer än tio år har hållit kurser för både män och kvinnor om kvinnlig njutning. På Katarina Bangata i Stockholm ligger butiken som hon driver, Afrodites Apotek.

Medical Books and Serials in Print

Hypnosex

Sexual Joy Through Self-Hypnosis

McNally & Loftin Publishers

Medical and Health Care Books and Serials in Print

Paperbound Books in Print Fall 1995

Reed Reference Publishing

Applied Hypnosis and Hyperempiria

Springer Science & Business Media Professionals who are well-trained in hypnotherapeutic procedures are able to utilize a variety of suggestions—suggestions for age regression, cessation of smoking, weight control, relaxation, reduction of pain, etc. In fact, the art of "hypnosis" can be conceptualized as the art of administering suggestions in an effective and useful way. In the teaching of hypnosuggestive methods, the need has long been apparent for a manual that could provide examples of suggestions that would be serviceable in applied settings. Now we are fortunate to have this text by Don E. Gibbons, which offers many different kinds of suggestions that can serve as models for both the novice and the experienced practitioner. Students who are training in this area can use the text to learn how to formulate their own suggestions in professional settings. Experienced hypnotherapists will also find the text helpful in expanding their repertoire. In addition to presenting useful models of suggestions, Dr. Gibbons's text also meets the need for a clearly written manual that explains hypnosis in accordance with the results of modern research. During the past 25 years, more research has been conducted on hypnosis than in all the preceding years since Mesmer. These investigations have led to a view of hypnosis which differs markedly from the traditional view of the passive subject who is hypnotized by and is subservient to the dominant hypnotist.

Self Hypnosis

HarperCollins UK Hypnosis is the most natural self-healing gift known to humanity. It is the key to changing old or unwanted behaviour patterns and creating new, positive habits.

Self-Hypnosis Made Easy

Reach Your Full Potential Using All of Your Mind

Hay House, Inc Train yourself in deep self-hypnosis—and tap into the power of your subconscious mind—to correct negative behaviors and reach your full potential. Self-hypnosis can be a great tool to overcome obstacles in our lives. Self-Hypnosis Made Easy gives the reader the skills to train themselves into deep hypnotic trances, getting rid of negative thoughts and behaviors, and improving any aspect of their life that they want to change. In this book, readers will discover: • Easy-to-follow, step-by-step techniques for self-hypnosis • Practical exercises to help deepen a hypnotic trance • How hypnosis can help them stop smoking, eliminate phobias, reduce weight, sleep better—and more • How hypnosis can help overcome a major illness For total beginners and improvers alike, this book is an excellent resource to learn self-hypnosis right from a hypnotherapy trainer.

Sexual Energy Ecstasy

A Practical Guide to Lovemaking Secrets of the East and West

Peak Skill Pub A Joy of Sex for the New Age, this treasury of Eastern and Western sexual secrets will help couples enjoy the best physical and spiritual relationship possible. Contains Tantric and Taoist techniques of sacred sexuality, guided meditation passages, and tasteful drawings by Allan Parker.

Hypnotize Your Lover

Master the Art of Hypnotic Seduction

The Inevitability of Patriarchy

Goldberg reviews literature, gathering evidence from expert witnesses (both primary and secondary sources) to demonstrate that each of three distinct patterns of recognised human social behaviour (institutions) has been observed in every known society. He proposes that these three universal institutions, attested as they are across independent cultures, suggest a simple psychophysiological cause, since physiology remains constant, as do the institutions, even across variable cultures—a universal phenomenon suggests a universal explanation. The institutions Goldberg examines are patriarchy, male dominance and male attainment. The hypothetical psychophysiological phenomenon he proposes to explain them, he denotes by the expression differentiation of dominance tendency. He explains this refers to dominance behaviour being more easily elicited from men on average than from women on average. In other words, he theorises a biologically mediated difference in preferences.

Master/Submissive Bdsm Contract

Createspace Independent Pub I was a "Good" girl by all rights, then I had a boyfriend that forced me to do things. It started out as 'play' that I did out of love for him. It was simple, light bondage, soft spankings. I now look at what it has become, piercings in places I never dreamed. He started sharing me with others and takes discipline very seriously. When and how did I go from being a good girl to a slave girl? This contract/agreement is for a male Master and female submissive. (If you'd prefer, also for sale is a Master/female slave contract entitled "BDSM Master/slave Contract" and the "Mistress/slave BDSM Contract" for a Mistress and her female slave.) This extensive sexually charged Master-female submissive contract/agreement book is set up so Master and submissive can agree on the huge number of BDSM topics that can come up in their relationship. Master and submissive can add, update and amend rules in this contract with a pen at anytime. Reading this contract together can easily be your entertainment for one or more evenings. The size of this hardcopy extensive Master/submissive contract/agreement is 8.5 by 11 inches and has the look and feel of a legal document. ***As a bonus, also included is the important adult only BDSM erotica book - "The Spanking Dictionary". There is a lot to learn in there! Publisher's Note: This book contains explicit sexual content and BDSM. All characters are of legal age. Hello everybody! Your opinion is very important! If you like this book please make sure to leave a review. Thank you!

Classroom Surprise! (Nella the Princess Knight)

Nickelodeon An all-new storybook starring Nickelodeon's Nella the Princess Knight! Nickelodeon's Nella the Princess Knight is in for a surprise when she brings a robotic dragon to show-and-tell. Boys and girls ages 2 to 5 will love this storybook. This Nickelodeon read-along contains audio narration.

Hypnotism and Sex - How to Get Laid 365+ Times a Year

The Art of Speed Hypnotic Seduction and Hypnosis PUA Attraction

Createspace Independent Pub In this Shocking and often controversial book International Hypnotist Jonathan Royle (formerly known as Alex-Leroy) reveals many tried, tested and proven to work secrets of Body Language, Psychological Trickery, Verbal Persuasion and other proven ways to achieve Sexcess. You will learn the Art of Speed Hypnotic Seduction, Mastering your Inner Game as a PUA Pick Up Artist and much, much more. Whether your Male or Female, Straight, Gay or Bisexual this book can truly help you achieve the reality of getting Laid 365+ Times a Year with different Sexual Partners. Due to the powerful contents of this book, it is sold for entertainment and informational research purposes only and by purchasing you agree that should you use any of the contents it is entirely at your own risk and your own responsibility. If you ever wanted to know how to develop a truly hypnotic personality and magnetic attraction of sexual partners this is the book for you. It also has a useful guide to using Self-Hypnosis in order to overcome Habits, Fears, Addictions and of course Sexual Problems. And there are proven Strategies and Techniques to enable you to become the best lover that your partners will ever have the pleasure to sleep with. Combining Body Language with NLP, Hypnotic Language and Verbal Persuasion Skills you'll be a true Sexpert after reading this book.

Hypnosis

Pergamon

Adult Echo Digital Loop DVDs

E.S.P., Incorporated A 2 DVD Set. David Adams latest! This two DVD set contains nearly 200 annotated video loops that comprehensively illustrate technique, anatomy, valvular stenosis & regurgitation, prosthetic valves, cardiomyopathies, hypertensive & ischemic disease, and more! This presentation will expand your clinical knowledge and expose you to a wide gamut of cardiac pathologies.

Come As You Aren't

A Role-playing Game for Adventurous Couples

Clarkson Potter Publishers This simple role-playing kit will help couples experiment, improvise, and seduce in ways they never would have otherwise imagined. To use the set, one partner draws a Who, a What, and a Where card at random, puts them in an envelope, and then gives the envelope for their partner or leaves it for him or her. From there, it's up to them to enact the scenarios as they see fit. The instructions are printed on back cover of the slipcase and each deck comes with a few blank cards to customize.

Ecstasy Through Tantra

Llewellyn Worldwide Achieve Cosmic Consciousness through Sexual Ecstasy This hardcover edition of an influential classic provides sexual techniques and positions for ritual intercourse that will flood you with physical ecstasy and activate expanded states of consciousness. These Tantric practices not only teach you how to build sexual love and passion to an amazing peak, but also how to push your mind even higher to reach transcendental bliss. With more than forty years of experience, Dr. Jonn Mumford helps you bring holiness and magick into your sexual relationship. This book skillfully interweaves theory and practice so you can understand why you are doing each exercise as you learn potent techniques. Discover the God/Goddess as incarnate in your beloved and experience the same divinity within yourself through physical and spiritual union. Learn how to engage in the Asanas of Love and use a powerful technique known as the Rite of Naked Fire. Featuring a new introduction and a wealth of illustrations and photographs, this book reveals the secrets of erotic mysticism.

Blossom in Winter

Melanie Martins LLC Immerse yourself in this utterly addictive forbidden love story that has captivated thousands of readers around the world. "We are not meant to be together. I should've known better. And yet..." Petra, a seventeen-year-old Dutch-American and the only heir of finance tycoon Roy Van Gatt, has always had her life rigorously planned and supervised by her strict father. From her internship at his hedge fund firm on Wall Street to her degree in Economics at Columbia University, Petra is all set for a bright future in finance. But everything falls apart when she develops a dangerous relationship with her father's business partner and utmost confidant, Alexander Van Dieren. A Dutch nobleman, known as an unrepentant heartbreaker, twenty-three years her senior, and who is, above all else, her beloved godfather. A twisted obsession for some, unconditional love for others, but one thing is sure: it's a relationship that might cost them everything... This book is for mature audiences. ★★★★★ "A Must Read for Romantic Thriller Enthusiasts. Blossom in Winter is a beautifully wrought and expertly woven story of forbidden love, desire, dark pasts, and the lengths one will go to protect everything that matters most to them." -- Payton H, Amazon ★★★★★ "This dark romance is just what you need to keep you warm on the cold winter nights that are coming our way, it even has a simmering slow burn going on." -- Cassandra W., Amazon UK ★★★★★ "This book has been an absolute pleasure to read. There's puppy love, genuine romance, dark and twisted erotica and moments that will leave you shocked." -- Victoria Spaulding, Goodreads ★★★★★ "I don't even have words, got to be one of the most intense books I've read in a while." -- Obsidian, Goodreads ★★★★★ "This was the most amazing book I've read in a while, it was so gripping, I really couldn't stop reading it even at 2 am when I had a Uni class the next day!" -- Sabrina, Goodreads ★★★★★ "No lies, this is the best book I've ever read! I've felt so many emotions while reading it! Can't wait for the second book!!!" -- Mariska, Goodreads ★★★★★ "This book was exceptional, it captivated me instantly." -- Christina, Goodreads ★★★★★ "A captivating page-turner of a book that you literally will not put down." - Jojo, Goodreads ★★★★★ "This was by far the most refreshing, exciting, thrilling, adventurous, and sexy book I've read." -- Amy Shaw, Goodreads ★★★★★ "Pure intensity from the very first word to the very last!" -- Dionne McCarten, Goodreads ★★★★★ "This is by far one of the best books I've read in a long time!" -- Jade, Goodreads

Teaching Seminar With Milton H. Erickson

Routledge First Published in 1985. Milton H. Erikson M.D.(1901-1980) was generally acknowledged as the world's foremost authority on hypnotherapy and brief strategic therapy. This volume presents the complete transcript of a five day seminar with Milton Erickson. The reader will experience Erickson talking about his method of therapy, demonstrating his techniques, telling one fascinating anecdote after another- anecdotes which often produce feelings of cognitive dissonance and surprise, but eventually illuminate new ways of seeing patients and thinking about psychotherapy.

Hypnosis in the Relief of Pain

Psychology Press Written by a psychologist and a psychiatrist noted for their expertise as both practitioners and researchers, the book illustrates how hypnosis can significantly alleviate the pain of childbirth, medical or dental surgery, burns or other accidental injuries, cancer, and chronic syndromes. With over 600 references covering the field of modern research into the mechanisms of pain, the authors convey a thorough understanding of findings and limitations of available empirical studies. Yet the book remains exceptionally clear and non-technical and will appeal not only to professionals involved with pain reduction but to lay people as well. The Hilgards address a broad spectrum of topics relating to hypnosis and pain, ranging from an historical review to a consideration of future areas for investigation. They thoughtfully tackle the controversy still surrounding the nature of hypnosis - is it an altered state of consciousness or a pattern of behaviour adopted by both subject and hypnotist? The concluding section presents the Hilgards' neo-dissociation theory of hypnosis as well as a highly useful technique for assessing susceptibility in clinical situations. Pain has been called the greatest unsolved problem in medicine. Hypnosis in the Relief of Pain, with its honest and complete appraisal of the role of hypnosis on pain reduction, will contribute significantly to the understanding and broader use of this noninvasive and natural healing phenomenon.

Hypnosis for Beginners

Reach New Levels of Awareness & Achievement

Llewellyn Worldwide Introduces the concept of hypnosis, describes exercises designed to teach basic techniques, and discusses regression and self-regression

1-day Diet

The Fastest Diet in the World!

Createspace Independent Publishing Platform Newly updated & expanded! (Now includes sections from our 5:2 Diet Cheat Sheet and Stupid Hormones books!) If you've dreamed of a way to safely and quickly lose weight while still eating foods you love, then this book by bestselling weight loss authors Jennifer Jolan and Rich Bryda could be exactly what you're looking for. The 1-Day Diet is changing the diet and weight loss world. Based on hard science, it works without constantly dieting for days, weeks, and months at a time... without planning special meals...without counting calories... and without needing to exercise. The idea behind this diet was first discovered by professional athletes (who wanted to lose body fat without starving or feeling tired) and then perfected for women by a world-class diet expert. In fact, it's not unusual to lose 2 to 5 pounds the first day and up to 30 pounds the first month without fat returning. The Best Part? You're only allowed to do the diet 1-3 days per week. The rest of the week you can eat all your favorite foods (even "bad" foods) as long as you follow a few simple guidelines. Some of the secrets in this fascinating book include: * The science behind why it's almost impossible to fail here. (Even if everything else hasn't worked.) * How to diet 1 day a week to KEEP fat off forever. (No yo-yo effect or worrying about fat creeping back on.) * A simple 5-minute exercise that can double your weight loss speed on the 1-Day Diet. (Exercise is NOT required- but you can lose weight TWICE as fast by doing this simple exercise that takes only 5 minutes per day.) * How to use the 1-Day Diet Plan to cut your food bill almost in half. * How to prevent fat gain even while pigging out on holidays and weekends. * How the 1-Day Diet naturally eliminates cravings and thinking about food. * A spice that lowers blood sugar levels, makes you more insulin sensitive (that's really good thing), and helps you lose weight. * The 1-hour "window" to eat as bad as you want without gaining fat. (If you really want to indulge, eat your bad meals at this exact time to carbs turn into energy instead of fat.) * Why The 1-Day Diet is NECESSARY for pre-diabetic people... or who have full-blown diabetes. (Millions of people are pre-diabetic and don't even know it.) * Why typical dieting and exercise are often no match for CRAZY, out-of-control hormones... and how to fix your hormones so weight loss follows. * The culprit found in processed foods at a rate of 1,000,000 times higher than estrogen found in women's breasts! A disaster for weight loss. * How our foods became so nutritionally empty that it now takes 26 of this fruit to equal the nutrition of 1 of them from 1914! * You know second-hand smoke is bad for you, right? Well, this common food is like the equivalent of second-hand smoke. Bad news... and you're eating it without even knowing it. * Women hold fat because they have 1,000 TIMES the concentration of these versus men (a big reason why women usually have a harder time losing weight). * This cheap substance has 84 different minerals... the version you probably get has only 2. Get the right one and start losing weight! * And so much more!

Why Men Rule

A Theory of Male Dominance

Open Court Publishing Company The first edition of this book was lavishly praised by many authorities as the most formidable demonstration of an unpopular truth: males rule in all societies known to history or anthropology, for reasons arising from innate physiology, a brute fact that can never be conjured away by tinkering with social institutions. This new edition has been completely rewritten in the light of two decades of scholarship and debate, taking account of all published criticisms of earlier editions.

New Age Hypnosis

Llewellyn Worldwide Teaches readers how to use self-hypnosis to discover past lives, contact departed loved ones, meet guardian angels, and increase self-confidence

Llewellyn's Truth About Hypnosis

Llewellyn Worldwide Eliminate bad habits and irrational fears forever. Professional hypnotist William Hewitt explodes the myths about the traditional clinical applications of hypnosis by explaining in simple language what this powerful tool is and what it can do for you.

Principles of Hypnotherapy

What it is, how it works, and what it can do for you Revised Edition

Singing Dragon This introductory guide gives a definitive introduction to hypnotherapy. It explains what hypnotherapy is, how it works, what its origins are, what to expect when you go for a treatment and how to find a reputable hypnotherapist. It also looks in detail at how hypnotherapy can be used to address difficult memories and help with mental and emotional trauma, anxiety, depression, phobias and confidence problems, and unwanted habits such as smoking. This comprehensive introduction will provide guidance for everyone interested in learning about hypnotherapy and its benefits, as well as students, life coaches and counsellors.

Hartland's Medical & Dental Hypnosis

Bailliere Tindall Limited This well-established textbook provides clear information on the practice and procedures of hypnosis. Includes coverage of the history, nature, and techniques of hypnosis; phenomena of hypnosis and the use of advanced techniques; the clinical applications of hypnosis; and the uses and abuses of hypnosis. Also features an appendix containing guidelines and advice on ethics.

The Hubbard Life Orientation Course

The Art of Hypnotic Seduction

Using Your Mind to Capture the Love of the One You Desire

What is Hypnosis?

Versilio Long misunderstood as a harmless parlor trick or as a tool of manipulation, hypnosis has emerged to become a respected part of psychotherapy and even as a medical treatment. How did this unexpected transformation occur? The conversation began to change partly thanks to the publication of François Roustang's *What is Hypnosis?*, possibly the first attempt to accurately define the discipline of hypnosis and document its therapeutic powers. Roustang starts by describing hypnosis as a state of intense 'generalized wakefulness,' similar to the deep REM sleep during which we dream. Just as this deep sleep is the prerequisite for dreaming, so is the generalized wakefulness of hypnosis necessary for us to see our world through new fresh eyes. As Roustang demonstrates in this powerful and groundbreaking work, practicing hypnosis is a fundamentally optimistic calling, allowing us through expansive, subtle wakefulness to learn to trust in and realize our true potential. Hypnosis, in short, is not a passive phenomenon, but an active one, essential to the art of living. This new edition also includes a foreword by practitioner Léonard Anthony, a friend of François Roustang, who shares insights from their conversations during the final years of Roustang's life (excepts from these revealing discussions are also included). * François Roustang (1923-2016) was a noted French psychoanalyst, hypnotherapist and philosopher. He taught at Johns Hopkins University as a Visiting Professor, as well as Emory University. He was the author of many books in French on hypnosis, including in English *Discipleship from Freud to Lacan* (American Psychiatric Association Publishing), *Psychoanalysis Never Lets Go* (Johns Hopkins UP), and *The Lacanian Delusion* (Oxford UP). He is widely recognized as one of the most original writers in the field of hypnosis. * "François Roustang was first and foremost an extraordinary clinical practitioner, with a passion for healing and great empathy for his patients - something pretty unique in the psychotherapy world." Le Monde. "First a Jesuit, then a psychoanalyst and finally a hypnotherapist, this man who was impossible to classify devoted his practice and his reflection to the mystery of life's." La Croix.

The Tao of Love and Sex

The Ancient Chinese Way to Ecstasy

The Tao of Love and Sex is a revealing and vivid account of the ancient Chinese sexual teachings and techniques banned by the invading Mongols in the 13th century. The book describes, through text and contemporary illustrations, the ways in which Taoist teachings about sexual love can be used as a means to achieving ecstasy and as a therapeutic and healing force. The modern Western reader can here discover the ancient Eastern methods of ejaculation control, types of thrust, love-making positions, erotic kissing, the conquest of impotence and about sex and longevity. Frank and explicit, yet inseparable from the Taoist spiritual tradition, The Tao of Love and Sex will enrich the variety, subtlety and sheer sexual pleasure of all who read it.