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## Motivational Interviewing in Health Care Helping Patients Change Behavior

[Guilford Press](#) Much of health care today involves helping patients manage conditions whose outcomes can be greatly influenced by lifestyle or behavior change. Written specifically for health care professionals, this concise book presents powerful tools to enhance communication with patients and guide them in making choices to improve their health, from weight loss, exercise, and smoking cessation, to medication adherence and safer sex practices. Engaging dialogues and vignettes bring to life the core skills of motivational interviewing (MI) and show how to incorporate this brief evidence-based approach into any health care setting. Appendices include MI training resources and publications on specific medical conditions. This book is in the Applications of Motivational Interviewing series.

## Smith's Patient Centered Interviewing: An Evidence-Based Method, Third Edition

[McGraw Hill Professional](#) A comprehensive, evidence-based introduction to the principles and practices of patient communication in a clinical setting Endorsed by the American Academy on Communication for Healthcare Updated and expanded by a multidisciplinary team of medical experts, Smith's Patient-Centered Interviewing, Third Edition presents a step-by-step methodology for mastering every aspect of the medical interview. You will learn how to confidently obtain from patients accurate biomedical facts, as well as critical personal, social, and emotional information, allowing you to make precise diagnoses, develop effective treatment plans, and forge strong clinician-patient relationships. The most evidence-based guide available on this topic, Smith's Patient-Centered Interviewing applies the proven 5-Step approach, which integrates patient- and clinician-centered skills to improve effectiveness without adding extra time to the interview's duration. Smith's Patient-Centered Interviewing covers everything from patient-centered and clinician-centered interviewing skills, such as: Patient education Motivating for behavior change Breaking bad news Managing different personality styles Increasing personal awareness in mindful practice Nonverbal communication Using computers in the exam room Reporting and presenting evaluations Companion video and teaching supplement are available online. Read details inside the book.

## Primary Care Interviewing

## Learning Through Role Play

[Springer Science & Business Media](#) Primary care is complex, unpredictable, and requires a biopsychosocial orientation. An indispensable teaching resource, Primary Care Interviewing: Learning Through Role Play thoroughly details how to use role play to teach the basics and more complex aspects of medical interviewing skills to trainee clinicians. Role playing is ideally suited to teach clinicians how to interview and relate to patients, and this unique and concise title includes not only sample role plays and dialog but also a wealth of accompanying online video role plays to enhance the learning process. Part one presents how to teach basic interviewing skills needed for effective communication, such as joining, promoting self-awareness, open-ended communication, dealing with emotions, structuring skills, and asking questions to uncover concerns and related beliefs, or theories of illness. Part two addresses the teaching of specific, more complex interviewing skills, such as addressing a patient's mental health issues, sexual health, somatic conditions, and giving bad news.

## The Medical Interview

## Clinical Care, Education, and Research

[Springer Science & Business Media](#) Primary care medicine is the new frontier in medicine. Every nation in the world has recognized the necessity to deliver personal and primary care to its people. This includes first-contact care, care based in a positive and caring personal relationship, care by a single healthcare provider for the majority of the patient's problems, coordination of all care by the patient's personal provider, advocacy for the patient by the provider, the provision of preventive care and psychosocial care, as well as care for episodes of acute and chronic illness. These facets of care work most effectively when they are embedded in a coherent integrated approach. The support for primary care derives from several significant trends. First, technologically based care costs have rocketed beyond reason or availability, occurring in the face of exploding populations and diminishing real resources in many parts of the world, even in the wealthier nations. Simultaneously, the primary care disciplines-general internal medicine and pediatrics and family medicine-have matured significantly.

## Motivational Interviewing in Nursing Practice

## Empowering the Patient

[Jones & Bartlett Publishers](#) Motivational Interviewing in Nursing Practice: Empowering the Patient is a guide to learning Motivational Interviewing, a set of skills that utilizes therapeutic communication to promote behavior change. This text provides unique tools for nurses to implement and help patients take responsibility in their own health care, make informed decisions and provide guidance toward healthy behavior change, leading to improved health of our communities and country. Important Notice: The digital edition of this book is missing some of the images or content found in the physical edition.

## Patient-Centered Narrative Interviewing in Primary Care

[LAP Lambert Academic Publishing](#) In the current era of health care reform, our predominantly clinician-centered approaches stand in the way of real system transformation. What could happen if clinicians instead incorporated their patient's story into their appraisal and treatment planning? This document examines such an approach. In order to look more closely at how this could be accomplished in a contemporary primary care clinic, a small test of change was undertaken. Nurses were trained in patient-centered narrative interviewing in order to gather information typically difficult to obtain using a standard medical interviewing format. These nurses were next placed in a variety of healthcare sites. Primary care clinicians (PCCs) in these sites selected patients each clinician felt was frustrating or difficult. The clinician arranged for the nurse to interview these patients. After the interview, the nurse and the PCC discussed the new information provided. The PCC then determined if the information provided was valuable, whether it actually changed their clinical decision-making regarding that patient's diagnosis and treatment, and if their level of frustration with the patient improved.

## Motivational Interviewing in Health Care

## Helping Patients Change Behavior

[Guilford Press](#) Much of health care today involves helping patients manage conditions whose outcomes can be greatly influenced by lifestyle or behavior change. Written specifically for health care professionals, this concise book presents powerful tools to enhance communication with patients and guide them in making choices to improve their health, from weight loss, exercise, and smoking cessation, to medication adherence and safer sex practices. Engaging dialogues and vignettes bring to life the core skills of motivational interviewing (MI) and show how to incorporate this brief evidence-based approach into any health care setting. Appendices include MI training resources and publications on specific medical conditions. This book is in the Applications of Motivational Interviewing series, edited by Stephen Rollnick, William R. Miller, and Theresa B. Moyers.

## Understanding and Using Health Experiences

### Improving Patient Care

[Oxford University Press](#) Improving patient experience is a global priority for health policy-makers and care providers. This book critically examines the various ways in which people's experience of health and healthcare can be recorded, analyzed and therefore improved.

### Motivational Interviewing in Diabetes Care

[Guilford Publications](#) People with diabetes often struggle to make healthy choices and stay on top of managing their illness. Filling a vital need, this is the first book to focus on the use of motivational interviewing (MI) in diabetes care. The uniquely qualified authors--physician Marc P. Steinberg has devoted much of his career to diabetes care, and renowned clinical psychologist William R. Miller is the codeveloper of MI--present proven counseling techniques that can make any conversation with a patient more efficacious and motivating. Numerous sample dialogues illustrate specific ways to elicit patients' strengths and help them overcome barriers to change in such areas as eating habits, physical activity, medication use, insulin treatment, substance abuse, psychological issues, and more. This book is in the Applications of Motivational Interviewing series, edited by Stephen Rollnick, William R. Miller, and Theresa B. Moyers. Winner (First Place)--American Journal of Nursing Book of the Year Award, Adult Primary Care Category

### Motivational Interviewing in a Rural Montana Community Health Center

### Examining Patient Perceptions and Understanding of the Medical Interview After a Motivational Interviewing Approach

### Clinical Methods

### The History, Physical, and Laboratory Examinations

[Butterworth-Heinemann](#) A guide to the techniques and analysis of clinical data. Each of the seventeen sections begins with a drawing and biographical sketch of a seminal contributor to the discipline. After an introduction and historical survey of clinical methods, the next fifteen sections are organized by body system. Each contains clinical data items from the history, physical examination, and laboratory investigations that are generally included in a comprehensive patient evaluation. Annotation copyrighted by Book News, Inc., Portland, OR

### Interview Questions and Answers

[How2Become Ltd](#)

### Motivational Interviewing for Health Care Professionals

### A Sensible Approach

[American Pharmacists Association \(APhA\)](#) This highly anticipated second edition features two all-new chapters, including *The Human Brain and Social Threat: Impact on Patients and Health Care Professionals* and *How Do I Know What Skill to Use?* Both chapters result from what the authors have learned from their interactions over the past six years with their students and health care professionals. The authors have applied motivational interviewing to the complex behavior change that is central to patients being able to manage chronic illnesses such as diabetes, high blood pressure, high cholesterol, and osteoporosis. This book identifies critical interactional dynamics to assist health care providers (HCP's) in developing a conversational "flow" with the patient. How does empathic understanding create a relationship that allows patients to discuss barriers (and benefits) to managing their illnesses? How can the HCP guide patients to choices they can make to manage their illnesses? How do we encourage patients to talk about how they make sense of their illnesses and what is happening to them? Using MI will enable you to communicate with your patients in a clear, concise, and sensible way that helps open your patients to the possibility of behavior change. By using the tools and skills in this revised second edition, you can have a greater impact on improving your patient outcomes. Key Features: - Two new chapters address the human brain and social threat, and how to know what MI skills to use - Provides a practical, step-by-step approach to the use of MI skills and tools in all practice settings - Includes multiple dialogues between HCPs and patients to illustrate the use of MI skills and tools - Case studies vividly demonstrate the application of MI through extensive dialogues with video links - Review questions at the end of each chapter underscore key concepts

### Interviewing and Patient Care

This book contains material on the components of the medical history, interviewing cognitively impaired patients, interviewing children and their parents and the elderly, the interview in continuing care and when time is limited, delivering bad news, and many other practical issues.

### The Family is the Patient

### Using Family Interviews in Children's Medical Care

[Lippincott Williams & Wilkins](#) Learn why a family systems approach to diagnosing and treating common pediatric problems -- whether organic, behavioral, or psychosocial -- is practical and effective. Learn how to use family interviewing skills, therapy principles, and strategies as a key modality of assessment and management. Written in an informal, evocative style rarely found in medical texts, this is an important and very useful resource for all who are involved in the care of children with physical or behavioral challenges. Part I reviews the history and development of family therapy in pediatric care. Part II shows practical skills in action with ample, descriptive case illustrations and transcribed, specific dialogues from clinical interviews between physicians and families.

### Interviewing and Patient Care

[Oxford University Press on Demand](#) This standard text on medical interviewing retains its core of open-ended and more directed interviewing techniques, but the Fourth Edition is more firmly anchored in the everyday practice of medicine. It contains much new material on the components of the medical history, interviewing cognitively impaired patients, interviewing children and their parents and the elderly, the interview in continuing care and when time is limited, delivering bad news, and many other practical issues.

### Psychiatric Interviewing and Assessment

[Cambridge University Press](#) This book will help mental health professionals to develop the fundamental generic skills in interviewing and assessment which form the foundation of psychiatric practice. It is about the process of reaching a diagnosis and is a practical guide to help the reader make the transition from novice to competent clinician. It is based on real problems encountered in modern general adult psychiatric practice, and is set in a range of environments, in the clinic and in the community. The text is punctuated by a selection of case studies to illustrate the principles highlighted in the book. This book will be essential reading for all members of the mental health team. Its practical grounding in everyday clinical experience will appeal to trainee psychiatrists and more experienced clinicians alike, as well as to nurses, social workers and psychologists.

### Interviewing and Patient Care

[Oxford University Press, USA](#) The latest edition of this highly successful introduction to medical interviewing has three new chapters--"Emotional and Behavioral Responses to Illness and to Patients," "Interviewing the Older Adult," and "Interviewing and Continuing Care"--as well as a new section on eliciting the sexual history. Focusing on the human side of the clinician-patient interaction, this concise, practical work will be of great value to medical, nursing, and allied health students. From reviews of the second edition: "A superb book....It is aimed at medical students, for all of whom it should be required reading, but even a Fellow of the American College of Physicians could gain a great deal from its study."--*Annals of Internal Medicine*.

## Smith's Patient Centered Interviewing: An Evidence-Based Method, Fourth Edition

**McGraw Hill Professional** The definitive evidence-based guide to effective patient-centered interviewing Smith's Patient-Centered Interviewing, Fourth Edition is a practical introductory textbook covering the essentials of patient interviewing. The most evidence based-guide available on the topic, and endorsed by the Academy of Communication in Healthcare, this acclaimed resource applies the proven 5-Step approach which integrates patient and clinical centered skills to improve effectiveness without adding extra time to the interview duration. Smith's Patient-Centered Interviewing covers important topics such as:•Patient Education•Motivating for behavior change•Breaking bad news•Managing different personality types•Increasing personal awareness in mindful practice•Nonverbal communication•Using computers in the exam room•Reporting and presenting evaluations The book's user-friendly design features icons, boxed case vignettes, and the use of color to highlight key points. Learning aids include practice exercises in each chapter, a pocket card, lists of essential questions, and graphics that facilitate understanding and retention. If you are in need of an evidence-based text that provides a proven systematic framework for taking an effective history, your search ends here.

### Motivational Interviewing

#### A Guide for Medical Trainees

**Oxford University Press, USA** This may be the single most important book you ever buy during your medical training. Rotations come and go, exams come and go, but regardless of specialty, patient-care will be at the heart of your practice. It is no exaggeration to say that motivational interviewing (MI) has transformed the way doctors engage with patients, families, and colleagues alike. MI is among the most powerful tools available to promote behavior change in patients. In an age of chronic diseases (diabetes, hypertension, heart disease, obesity), behavior change is no longer limited to substance use or the field of psychiatry - maladaptive choices and behaviors that negatively impact health outcomes are rampant. There is an explosion of research projects using MI or adaptations of MI in the behavioral health medicine field in the past decade. Hospitalizations can't make people change. How marvelous is it that an evidence-based health behavior change approach (MI) can help people change the outcomes of their illnesses and the course of their lives. This therapeutic approach is not a form of psychotherapy and is not the stuff of cobwebs and old leather couches. MI is readily integrated into regular ward rounds and office visits and provides an effective and efficient approach to patients clinical encounters. Written by experts in the field and medical trainees across medicine, this is the first MI guide of its kind. Its explores how MI enhances contact with patients from every level of training, following an accessible, succinct approach. This book covers the application of MI method and skills into practice and also includes numerous clinical scenarios, personal reflections and online animated clinical vignettes (video clips) that share the challenges and successes the authors have focused. Furthermore this book is endorsed by the pioneers of MI: William R. Miller & Stephen Rollnick.

### Psychiatric Interviewing

#### The Art of Understanding : a Practical Guide for Psychiatrists, Psychologists, Counselors, Social Workers, Nurses, and Other Mental Health Professionals

**Elsevier España** "Psychiatric Interviewing, 2nd Edition provides concrete methods for exploring sensitive topics such as domestic violence, incest, drug abuse, and the sexual history. Dr. Shea also discusses methods of handling awkward questions and client anger and transforming other common resistances. What's more, in-depth coverage of fundamentals such as structuring techniques, efficient time management, and nonverbal language help you to develop an effective interviewing style."--Jacket.

### Pediatric Interviewing

#### A Practical, Relationship-Based Approach

**Springer Science & Business Media** Ó ObivoV brac ?vV, eJ de tejcnh makrhv Life is short, [the] art long —Hippocrates Pediatric Interviewing: A Practical, Relationship Based Approach by James Binder is filled with a unique blend of wisdom, experience, and evidence, which will serve as a guide and as a reminder that what comes first in the care of the patient is the language and the silences that are shared between patient and physician. The medical interview quickly establishes the type of caring relationship the two will share. In this age of electronic medical records, pay-for-performance, and evidence-based medicine it is easy to lose sight that medicine is fundamentally about one person who has knowledge and experience providing care for another individual who is asking for help. How the physician organizes his or her interactions has an important impact on the experience and outcome for both the physician and for the patient. Dr. Binder presents a conceptual framework with which to approach interviewing and illustrates this framework with practical examples from years of teaching and practice. Physicians-in-training will find this book filled with wisdom and much needed recommendations about how to approach the medical interview. For those of us who have been in practice a number of years, Dr. Binder's book can serve as a refreshing opportunity to reflect in detail about something many of us take for granted - the complexity of the medical interview.

### Cambridge Handbook of Psychology, Health and Medicine

**Cambridge University Press** Health psychology is a rapidly expanding discipline at the interface of psychology and clinical medicine. This new edition is fully reworked and revised, offering an entirely up-to-date, comprehensive, accessible, one-stop resource for clinical psychologists, mental health professionals and specialists in health-related matters. There are two new editors: Susan Ayers from the University of Sussex and Kenneth Wallston from Vanderbilt University Medical Center. The prestigious editorial team and their international, interdisciplinary cast of authors have reconceptualised their much-acclaimed handbook. The book is now in two parts: part I covers psychological aspects of health and illness, assessments, interventions and healthcare practice. Part II covers medical matters listed in alphabetical order. Among the many new topics added are: diet and health, ethnicity and health, clinical interviewing, mood assessment, communicating risk, medical interviewing, diagnostic procedures, organ donation, IVF, MMR, HRT, sleep disorders, skin disorders, depression and anxiety disorders.

### Motivational Interviewing, Second Edition

#### Preparing People for Change

**Guilford Press** This bestselling work has introduced hundreds of thousands of professionals and students to motivational interviewing (MI), a proven approach to helping people overcome ambivalence that gets in the way of change. William R. Miller and Stephen Rollnick explain current thinking on the process of behavior change, present the principles of MI, and provide detailed guidelines for putting it into practice. Case examples illustrate key points and demonstrate the benefits of MI in addictions treatment and other clinical contexts. The authors also discuss the process of learning MI. The volume's final section brings together an array of leading MI practitioners to present their work in diverse settings.

### Interviewing and Patient Care

#### Shared Decision Making in Health Care

#### Achieving Evidence-based Patient Choice

**Oxford University Press** Over the past decade health care systems around the world have placed increasing importance on the relationship between patient choice and clinical decision-making. In the years since the publication of the second edition of Shared Decision Making in Health Care, there have been significant new developments in the field, most notably in the US where 'Obamacare' puts shared decision making (SDM) at the centre of the 2009 Affordable Care Act. This new edition explores shared decision making by examining, from practical and theoretical perspectives, what should comprise an effective decision-making process. It also looks at the benefits and potential difficulties that arise when patients and clinicians share health care decisions. Written by leading experts from around the world and utilizing high quality evidence, the book provides an up-to-date reference with real-world context to the topics discussed, and in-depth coverage of the practicalities of implementing and teaching SDM. The breadth of information in Shared Decision Making in Health Care makes it the definitive source of expert knowledge for healthcare policy makers. As health care systems adapt to increasingly collaborative patient-clinician care frameworks, this will also prove a useful guide to SDM for clinicians of all disciplines.

## Interviewing in Action in a Multicultural World

[Cengage Learning](#) The fifth edition of INTERVIEWING IN ACTION IN A MULTICULTURAL WORLD provides students with the clinical wisdom and hands-on practice to fully develop their clinical interviewing skills. Authors Bianca Cody Murphy and Carolyn Dillon have expanded many sections of the book with new material on technology, multiculturalism, and other timely topics. This up-to-date text also features new practice examples, essay questions, and self-exploration activities to prepare students for a variety of practice settings. It can be used as a guidebook for students who want to promote change through the client-clinician relationship. Praised nationwide by instructors in the helping profession, INTERVIEWING IN ACTION IN A MULTICULTURAL WORLD is a practical, accessible text that prepares students for careers in the human services field. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

## IFCI

### Inpatient Functional Communication Interview

The IFCI provides speech & language therapists working in the acute hospital setting with a measure of how well in-patients with communication difficulties can communicate in relevant hospital situations. Assessing the patient's ability to communicate is crucial for successful health care. With the IFCI, the therapist has a structured assessment that provides a comprehensive evaluation of the everyday communication needs of patients whilst they are in hospital. The interview is conducted in three parts: gathering relevant information from the patient's medical history; interviewing the patient and interviewing any relevant members of the health care team. Finally the clinician writes an overall summary, which will describe the patient's ability to communicate in the hospital setting, identifies the strategies that facilitate effective communication and identifies any goals for intervention. The IFCI consists of fifteen hospital communication situations that were identified by observing the communication that occurs between staff and patients in an acute hospital setting. The situations were selected because they ranked the highest in terms of importance in providing health care, importance from a patient perspective, ease of observation, how typical they were of hospital situations, and that they could all be assessed at the patient's bedside within a 30-45 minute period. From the Foreword by Professor Audrey Holland: The IFCI is well conceived and evaluated, timely, and innovative. Its detailed description and organisation guarantee easy administration. [It] provides a map and a flashlight to help practitioners find their way in the almost uncharted territory of the inpatient hospital, and the communication needs of its inhabitants. ... This little gem of an interview approach, thoroughly specified and rich with examples from its extensive pre-testing, straightforwardly provides a way to assess communication needs in this unique setting. Readership Speech & language therapists working in the acute hospital setting with adults with communication difficulties, particularly those with aphasia.

### The Therapeutic Interview in Mental Health

#### A Values-Based and Person-Centered Approach

[Cambridge University Press](#) The therapeutic interview approach looks at patients' experiences, emotions and values as the keys to understanding their suffering.

### Qualitative Research in Health Care

[John Wiley & Sons](#) Provides the essential information that health care researchers and health professionals need to understand the basics of qualitative research Now in its fourth edition, this concise, accessible, and authoritative introduction to conducting and interpreting qualitative research in the health care field has been fully revised and updated. Continuing to introduce the core qualitative methods for data collection and analysis, this new edition also features chapters covering newer methods which are becoming more widely used in the health research field; examining the role of theory, the analysis of virtual and digital data, and advances in participatory approaches to research. Qualitative Research in Health Care, 4th Edition looks at the interface between qualitative and quantitative research in primary mixed method studies, case study research, and secondary analysis and evidence synthesis. The book further offers chapters covering: different research designs, ethical issues in qualitative research; interview, focus group and observational methods; and documentary and conversation analysis. A succinct, and practical guide quickly conveying the essentials of qualitative research Updated with chapters on new and increasingly used methods of data collection including digital and web research Features new examples and up-to-date references and further reading The fourth edition of Qualitative Research in Health Care is relevant to health care professionals, researchers and students in health and related disciplines.

### Evidence-Based Physical Examination

#### Best Practices for Health & Well-Being Assessment

[Springer Publishing Company](#) The first book to teach physical assessment techniques based on evidence and clinical relevance. Grounded in an empirical approach to history-taking and physical assessment techniques, this text for healthcare clinicians and students focuses on patient well-being and health promotion. It is based on an analysis of current evidence, up-to-date guidelines, and best-practice recommendations. It underscores the evidence, acceptability, and clinical relevance behind physical assessment techniques. Evidence-Based Physical Examination offers the unique perspective of teaching both a holistic and a scientific approach to assessment. Chapters are consistently structured for ease of use and include anatomy and physiology, key history questions and considerations, physical examination, laboratory considerations, imaging considerations, evidence-based practice recommendations, and differential diagnoses related to normal and abnormal findings. Case studies, clinical pearls, and key takeaways aid retention, while abundant illustrations, photographic images, and videos demonstrate history-taking and assessment techniques. Instructor resources include PowerPoint slides, a test bank with multiple-choice questions and essay questions, and an image bank. This is the physical assessment text of the future. Key Features: Delivers the evidence, acceptability, and clinical relevance behind history-taking and assessment techniques Eschews "traditional" techniques that do not demonstrate evidence-based reliability Focuses on the most current clinical guidelines and recommendations from resources such as the U.S. Preventive Services Task Force Focuses on the use of modern technology for assessment Aids retention through case studies, clinical pearls, and key takeaways Demonstrates techniques with abundant illustrations, photographic images, and videos Includes robust instructor resources: PowerPoint slides, a test bank with multiple-choice questions and essay questions, and an image bank Purchase includes digital access for use on most mobile devices or computers

### Motivational Interviewing in Health Care

#### Helping Patients Change Behavior

[Guilford Press](#) Written specifically for health care professionals, this concise book presents powerful tools to enhance communication with patients and guide them in making choices to improve their health, from weight loss, exercise, and smoking cessation, to medication adherence and safer sex practices.

#### Motivational Interviewing in Health Care, Second Edition

#### Helping Patients Change Behavior

[Guilford Publications](#) The definitive guide to motivational interviewing (MI) for health care practitioners has been completely revised to reflect important developments and make the approach even more accessible. When it comes to helping patients manage chronic and acute conditions and make healthier choices in such areas as medication adherence, smoking, diet, and preventive care, good advice alone is not enough. This indispensable book shows how to use MI techniques to transform conversations about change. Even the briefest clinical interaction can serve to build trust, clarify patients' goals as well as reasons for ambivalence, and guide them to take positive steps. Vivid sample dialogues, tips, and scripts illustrate ways to incorporate this evidence-based approach into diverse health care settings. New to This Edition \*Restructured around the current four-process model of MI (engaging, focusing, evoking, and planning). \*Incorporates lessons learned from the authors' ongoing clinical practice and practitioner training workshops. \*Chapters on advice-giving, brief consultations, merging MI with assessment, MI in groups, and making telehealth consultations more effective. \*Additional practical features--extended case examples, "Try This" activities, and boxed reflections from practitioners in a range of contexts. This book is in the Applications of Motivational Interviewing series, edited by Stephen Rollnick, William R. Miller, and Theresa B. Moyers.

### Cognitive Interviewing

#### A Tool for Improving Questionnaire Design

[SAGE Publications](#) The design and evaluation of questionnaires—and of other written and oral materials—is a challenging endeavor, fraught with potential pitfalls. Cognitive Interviewing: A Tool for Improving Questionnaire Design describes a means of systematically developing survey questions through investigations that intensively probe the thought

processes of individuals who are presented with those inquiries. The work provides general guidance about questionnaire design, development, and pre-testing sequence, with an emphasis on the cognitive interview. In particular, the book gives detailed instructions about the use of verbal probing techniques, and how one can elicit additional information from subjects about their thinking and about the manner in which they react to tested questions. These tools help researchers discover how well their questions are working, where they are failing, and determine what they can do to rectify the wide variety of problems that may surface while working with questionnaires.

## The First Interview, Fourth Edition

[Guilford Publications](#) This trusted practitioner resource and course text is grounded in James Morrison's experience with more than 15,000 mental health patients. Morrison provides a complete framework for interviewing adult patients about their current symptoms, personal and family history, mental status, behavioral risks, and other relevant issues. He offers guidance for selecting the best strategy for any clinical situation, building rapport, overcoming common challenges, and communicating findings. Appendices include a detailed semistructured interview and a self-assessment tool for interviewers, both with permission to photocopy. Purchasers also get access to a Web page where they can download and print the reproducible materials in a convenient 8 1/2" x 11" size. New to This Edition \*Revised throughout for DSM-5. \*Updated resources and suggested readings. See also Morrison's DSM-5? Made Easy, which explains DSM-5 diagnoses in clear language, illustrated with vivid case vignettes; Diagnosis Made Easier, Second Edition, which offers principles and decision trees for integrating diagnostic information from multiple sources; and The Mental Health Clinician's Workbook, which uses in-depth cases and carefully constructed exercises to build the reader's diagnostic skills.

## Motivational Interviewing in Pro-Life Palliative Care

[Lulu.com](#) In this booklet, the components of the therapeutic modality of Motivational Interviewing (a.k.a motivational counseling or coaching) in the context of end-of-life care will be explained in light of a pro-life palliative health care practice. Also included: (RFL) Reason for Living Inventory (short version) Catholic Order for the Blessing for the Sick, Order for the Blessing of Sick Children, Shorter Rite Maurus Blessing Catholic Sacraments and Sacramentals Catholic Resources

## Motivational Interviewing in HIV Care

[Oxford University Press, USA](#) "MI is a practical, brief, and evidence-based approach that takes into consideration how difficult it is to make behavioral changes. Ambivalence represents a patient's experience of simultaneously feeling conflicted (two ways) about changing one's behavior; for example, concurrently wanting to make a change while also feeling reluctant to do so"--

## Motivational Interviewing in Nutrition and Fitness

[Guilford Publications](#) Making and maintaining lasting changes in nutrition and fitness is not easy for anyone. Yet the communication style of a health professional can make a huge difference. This book presents the proven counseling approach known as motivational interviewing (MI) and shows exactly how to use it in day-to-day interactions with clients. MI offers simple yet powerful tools for helping clients work through ambivalence, break free of diets and quick-fix solutions, and overcome barriers to change. Extensive sample dialogues illustrate specific ways to enhance conversations about meal planning and preparation, exercise, body image, disordered eating, and more. Reproducible forms and handouts can be downloaded and printed in a convenient 8 1/2" x 11" size.

## Psychiatric Interviewing E-Book

## The Art of Understanding: A Practical Guide for Psychiatrists, Psychologists, Counselors, Social Workers, Nurses, and Other Mental Health Professionals

[Elsevier Health Sciences](#) With time at a premium, today's clinicians must rapidly engage their patients while gathering an imposingly large amount of critical information. These clinicians appropriately worry that the "person" beneath the diagnoses will be lost in the shuffle of time constraints, data gathering, and the creation of the electronic health record. **Psychiatric Interviewing: The Art of Understanding: A Practical Guide for Psychiatrists, Psychologists, Counselors, Social Workers, Nurses, and other Mental Health Professionals, 3rd Edition** tackles these problems head-on, providing flexible and practical solutions for gathering critical information while always attending to the concerns and unique needs of the patient. Within the text, Dr. Shea deftly integrates interviewing techniques from a variety of professional disciplines from psychiatry to clinical psychology, social work, and counseling providing a broad scope of theoretical foundation. Written in the same refreshing, informal writing style that made the first two editions best sellers, the text provides a compelling introduction to all of the core interviewing skills from conveying empathy, effectively utilizing open-ended questions, and forging a powerful therapeutic alliance to sensitively structuring the interview while understanding nonverbal communication at a sophisticated level. Updated to the DSM-5, the text also illustrates how to arrive at a differential diagnosis in a humanistic, caring fashion with the patient treated as a person, not just another case. Whether the reader is a psychiatric resident or a graduate student in clinical psychology, social work, counseling or psychiatric nursing, the updated third edition is designed to prepare the trainee to function effectively in the hectic worlds of community mental health centers, inpatient units, emergency rooms, and university counseling centers. To do so, the pages are filled with sample questions and examples of interviewing dialogue that bring to life methods for sensitively exploring difficult topics such as domestic violence, drug abuse, incest, antisocial behavior, and taking a sexual history as well as performing complex processes such as the mental status. The expanded chapter on suicide assessment includes an introduction to the internationally acclaimed interviewing strategy for uncovering suicidal ideation, the Chronological Assessment of Suicide Events (CASE Approach). Dr. Shea, the creator of the CASE Approach, then illustrates its techniques in a compelling video demonstrating its effective use in an interview involving a complex presentation of suicidal planning and intent. A key aspect of this text is its unique appeal to both novice and experienced clinicians. It is designed to grow with the reader as they progress through their graduate training, while providing a reference that the reader will pull off the shelf many times in their subsequent career as a mental health professional. Perhaps the most unique aspect in this regard is the addition of five complete chapters on Advanced and Specialized Interviewing (which comprise Part IV of the book) which appear as bonus chapters in the accompanying e-book without any additional cost to the reader. With over 310 pages, this web-based bonus section provides the reader with essentially two books for the price of one, acquiring not only the expanded core textbook but a set of independent monographs on specialized skill sets that the reader and/or faculty can add to their curriculum as they deem fit.

## Diagnostic Interviewing

[Springer Science & Business Media](#) This volume represents a clear, jargon-free overview of diagnostic categories with helpful hints regarding a psychiatric interview. Completely revised and updated, detailing current innovations in theory and practice, including recent changes in the DSM-IV.